

Pl	tnr	Name	Zeit														
D-12 (4)				2,3 km 70 Hm							9 P						
				1(127)	2(121)	3(123)	4(111)	5(109)	6(105)	7(107)	8(103)	9(100)	Ziel				
1		Kaisa Martin	35:44	1:50	4:50	10:41	15:09	19:22	24:40	29:54	33:10	34:47	35:44				
		TGV Horn		1:50	3:00	5:51	4:28	4:13	5:18	5:14	3:16	1:37	0:57				
2		Oleksandra Nakone	44:36	3:11	6:22	16:15	22:00	30:54	32:59	37:21	40:27	43:40	44:36				
		OLV Steinberg		3:11	3:11	9:53	5:45	8:54	2:05	4:22	3:06	3:13	0:55				
3		Sina Lohrenscheit	1:03:52	2:22	7:24	18:10	32:30	37:17	43:28	54:36	59:34	1:02:42	1:03:52				
		SV Wannweil		2:22	5:02	10:46	14:20	4:47	6:11	11:08	4:58	3:08	1:10				
		Clara Soccodato	Fehlst	2:20	6:49	12:23	-----	27:12	-----	38:54	41:42	43:35	45:04				
		OL-Team Filder		2:20	4:29	5:34		14:49		11:42	2:48	1:53	1:29				
D-14 (2)				3,4 km 80 Hm							12 P						
				1(129)	2(121)	3(122)	4(123)	5(116)	6(115)	7(113)	8(120)	9(105)	10(106)	11(102)	12(100)	Ziel	
1		Maria Kolomeiets	50:01	1:58	3:13	6:10	10:13	15:21	18:19	23:51	31:30	36:38	41:44	46:27	49:25	50:01	
		OLG Ortenau		1:58	1:15	2:57	4:03	5:08	2:58	5:32	7:39	5:08	5:06	4:43	2:58	0:36	
2		Lenya Stieler	58:58	5:13	6:34	10:44	16:14	23:25	27:16	32:48	40:33	45:35	50:47	55:07	58:24	58:58	
		TuS Karlsruhe-Rüp		5:13	1:21	4:09	5:29	7:10	3:51	5:31	7:44	5:02	5:12	4:19	3:16	0:34	
D-18 (3)				6,0 km 185 Hm							15 P						
				1(140)	2(142)	3(135)	4(133)	5(132)	6(137)	7(131)	8(130)	9(110)	10(113)	11(120)	12(104)	13(106)	14(103)
				15(100)	Ziel												
1		Marika Prolingheue	1:02:22	9:29	11:18	16:39	19:44	22:11	30:12	33:21	40:45	47:54	50:55	54:53	57:58	59:20	1:01:05
		TuS Karlsruhe-Rüp		9:29	1:49	5:20	3:05	2:27	8:00	3:09	7:23	7:09	3:01	3:57	3:04	1:21	1:45
				1:01:46	1:02:22												
				0:41	0:35												
2		Olena Kylosova	1:18:01	9:50	12:24	18:58	22:48	25:40	30:32	36:59	48:38	58:29	1:03:02	1:09:04	1:12:32	1:14:01	1:16:19
		OL-Team Filder		9:50	2:34	6:34	3:50	2:52	4:52	6:27	11:39	9:51	4:33	6:02	3:28	1:29	2:18
				1:17:16	1:18:01												
				0:57	0:45												
3		Mariia Kylosova	1:39:25	7:49	10:09	18:16	27:17	32:32	39:13	44:25	1:04:49	1:16:38	1:21:49	1:28:24	1:32:42	1:34:52	1:37:42
		OL-Team Filder		7:49	2:20	8:07	9:01	5:15	6:41	5:12	20:24	11:49	5:11	6:35	4:18	2:10	2:50
				1:38:41	1:39:25												
				0:59	0:44												
D-19AK (1)				4,4 km 185 Hm							14 P						
				1(124)	2(140)	3(142)	4(136)	5(131)	6(134)	7(125)	8(123)	9(117)	10(119)	11(104)	12(106)	13(103)	14(100)
				Ziel													
		Livia Bauerfeld	Fehlst	7:24	17:52	22:49	-----	-----	-----	58:35	-----	1:08:52	1:15:31	1:21:16	1:24:28	1:29:51	1:31:13
		OL-Team Filder		7:24	10:28	4:56				35:45		10:17	6:38	5:45	3:11	5:23	1:21
				1:31:48	1:27:37												
				0:35	*102												
D-19AL (2)				7,7 km 260 Hm							18 P						
				1(128)	2(141)	3(143)	4(136)	5(131)	6(137)	7(132)	8(133)	9(135)	10(110)	11(112)	12(113)	13(120)	14(117)
				15(119)	16(104)	17(102)	18(100)	Ziel									
1		Karin Schmalfeld	1:09:31	3:16	9:58	12:25	17:33	20:14	22:46	28:14	30:14	31:54	45:23	48:38	51:46	56:13	58:31
		BSV Halle-Ammend		3:16	6:42	2:26	5:07	2:40	2:32	5:28	2:00	1:40	13:28	3:15	3:08	4:26	2:18
				1:01:05	1:05:06	1:07:26	1:08:53	1:09:31									
				2:33	4:00	2:19	1:27	0:38									
2		Marina Rosink	1:33:34	3:37	12:55	16:21	23:11	27:20	32:31	39:08	42:19	44:40	1:02:30	1:07:20	1:11:18	1:16:56	1:20:23
		OL-Team Filder		3:37	9:18	3:25	6:49	4:09	5:10	6:37	3:10	2:21	17:49	4:50	3:57	5:38	3:26
				1:23:32	1:26:52	1:30:17	1:32:43	1:33:34									
				3:08	3:20	3:25	2:26	0:50									
D-35 (5)				6,7 km 230 Hm							17 P						
				1(126)	2(139)	3(142)	4(141)	5(143)	6(136)	7(135)	8(132)	9(137)	10(131)	11(108)	12(117)	13(119)	14(104)
				15(106)	16(102)	17(100)	Ziel										
1		Olena Kapara	1:23:30	4:57	8:54	13:38	21:49	25:06	33:08	37:36	41:59	50:23	54:01	1:07:15	1:12:09	1:15:06	1:17:49
		OL-Team Filder		4:57	3:57	4:43	8:11	3:17	8:01	4:27	4:22	8:24	3:37	13:14	4:53	2:57	2:42
				1:19:11	1:21:07	1:22:47	1:23:30										
				1:21	1:55	1:40	0:42										
2		Katja Schwind	1:23:40	4:32	8:35	13:01	20:30	24:05	31:20	34:36	38:38	45:32	49:50	1:03:48	1:08:54	1:12:38	1:17:45
		OLG Ortenau		4:32	4:03	4:26	7:28	3:34	7:15	3:15	4:02	6:53	4:17	13:57	5:06	3:44	5:07
				1:19:05	1:21:07	1:22:55	1:23:40										
				1:19	2:02	1:47	0:45										
3		Juliane Soccodato	1:29:39	4:47	8:40	12:30	18:53	22:27	28:31	34:17	40:44	46:39	50:26	1:05:11	1:16:32	1:20:32	1:23:36
		OL-Team Filder		4:47	3:52	3:50	6:23	3:33	6:03	5:46	6:27	5:55	3:46	14:44	11:20	4:00	3:04
				1:25:10	1:27:03	1:28:50	1:29:39										
				1:33	1:52	1:46	0:49										
4		Tina May	1:31:47	5:15	10:31	16:38	24:05	27:41	36:58	41:05	46:39	52:27	56:24	1:12:07	1:17:54	1:21:29	1:24:57
		OLF Mainz		5:15	5:16	6:07	7:27	3:36	9:17	4:07	5:34	5:48	3:57	15:43	5:47	3:35	3:28
				1:26:49	1:28:52	1:30:49	1:31:47										
				1:52	2:03	1:57	0:58										
5		Eija Schulze	1:41:19	5:44	11:21	16:26	22:20	26:07	35:13	40:30	47:46	54:42	1:04:23	1:21:21	1:27:37	1:30:56	1:34:07
		Gundelfinger Turne		5:44	5:37	5:04	5:53	3:47	9:06	5:16	7:16	6:56	9:40	16:58	6:15	3:19	3:11
				1:35:54	1:38:09	1:40:33	1:41:19										
				1:47	2:15	2:24	0:45										

Pl	tnr	Name	Zeit	4,4 km 185 Hm					14 P									
				1(124)	2(140)	3(142)	4(136)	5(131)	6(134)	7(125)	8(123)	9(117)	10(119)	11(104)	12(106)	13(103)	14(100)	
				Ziel														
D-45 (5)																		
1	Johanna Dammeier SV Wannweil	1:08:55	5:11 5:11 1:08:55 0:40	11:14 6:02	14:10 2:56	23:35 9:25	29:19 5:43	37:26 8:07	41:38 4:11	45:18 3:40	53:00 7:42	56:38 3:38	1:00:32 3:54	1:02:33 2:01	1:07:10 4:36	1:08:15 1:05		
2	Wiebke Martin TGV Horn	1:11:21	5:06 1:11:21 0:52	14:50 9:44	17:24 2:33	25:25 8:01	30:17 4:51	37:49 7:32	42:01 4:11	46:34 4:33	53:52 7:18	59:10 5:18	1:03:08 3:57	1:04:56 1:48	1:09:22 4:25	1:10:29 1:07		
3	Anke Breckle TuS Karlsruhe-Rüp	1:33:49	6:15 6:15 1:33:49 1:04	15:49 9:33	20:06 4:17	31:23 11:16	38:23 6:59	51:08 12:45	56:13 5:05	1:00:54 4:41	1:09:51 8:57	1:19:17 9:25	1:23:55 4:37	1:26:16 2:20	1:31:15 4:59	1:32:44 1:29		
4	Silke Haupt	1:44:57	7:28 7:28 1:44:57 1:04	15:56 8:28	20:25 4:28	36:20 15:55	42:18 5:58	54:03 11:45	1:03:55 9:52	1:10:03 6:07	1:22:47 12:43	1:29:19 6:31	1:34:44 5:25	1:37:29 2:44	1:42:20 4:51	1:43:53 1:32		
	Andrea Domeyer Bielefelder TG	Fehlst	7:19 7:19 1:38:03 1:13	15:39 8:20	20:24 4:45	----- -----	----- -----	44:23 23:59	49:15 4:52	1:04:49 15:34	1:16:28 11:39	1:21:44 5:16	1:28:13 6:29	1:31:10 2:57	1:35:19 4:09	1:36:50 1:31		
D-55 (5)																		
				1(122)	2(123)	3(115)	4(113)	5(108)	6(120)	7(117)	8(104)	9(102)	10(100)	Ziel				
1	Cornelia Meßner TGV Horn	40:55	3:57 3:57	7:30 3:32	13:30 5:59	17:26 3:55	23:12 5:46	26:06 2:53	31:20 5:14	35:16 3:55	38:10 2:53	40:13 2:03	40:55 0:42					
2	Kristine Fritz OL-Team Filder	42:02	4:08 4:08	8:52 4:43	17:32 8:40	21:49 4:17	24:26 2:36	27:46 3:19	31:09 3:23	35:54 4:45	39:00 3:05	41:07 2:07	42:02 0:55					
3	Kirsten König OLG Ortenau	51:29	6:54 6:54	11:31 4:37	23:46 12:15	29:40 5:54	32:27 2:47	35:52 3:25	39:21 3:29	44:03 4:42	48:07 4:04	50:33 2:26	51:29 0:56					
4	Stefanie Greiselis-B LSG Weiher	1:04:32	6:12 6:12	12:40 6:27	22:43 10:02	32:08 9:24	36:09 4:01	41:54 5:44	47:04 5:10	54:23 7:18	59:17 4:54	1:03:05 3:47	1:04:32 1:27					
5	Anke Ebert OL-Team Filder	1:30:25	20:57 20:57	27:27 6:30	36:58 9:31	43:50 6:51	49:09 5:19	55:30 6:20	1:04:56 9:26	1:12:23 7:27	1:25:38 13:14	1:29:17 3:38	1:30:25 1:08					
D-65 (2)																		
				1(122)	2(123)	3(115)	4(113)	5(108)	6(120)	7(117)	8(104)	9(102)	10(100)	Ziel				
1	Birgit May OLF Mainz	1:03:56	6:50 6:50	15:37 8:46	27:40 12:03	33:21 5:40	36:38 3:17	41:05 4:26	46:17 5:12	55:48 9:30	59:41 3:52	1:02:41 3:00	1:03:56 1:14					
2	Monika Dobler OLG Ortenau	1:09:48	10:43 10:43	21:08 10:25	28:48 7:40	37:24 8:36	45:17 7:53	49:33 4:16	54:47 5:14	1:00:12 5:25	1:04:59 4:47	1:08:36 3:37	1:09:48 1:11					
D/H-12 begleitet (10)																		
				1(127)	2(121)	3(123)	4(111)	5(109)	6(105)	7(107)	8(103)	9(100)	Ziel					
1	Alina Schwind OLG Ortenau	31:19	1:38 1:38	4:33 2:55	9:55 5:22	14:51 4:56	17:58 3:07	21:18 3:20	26:13 4:55	28:45 2:32	30:28 1:43	31:19 0:50						
2	Oskar Eck TV Mönchweiler	35:15	2:18 2:18	5:56 3:38	11:36 5:40	17:18 5:41	20:33 3:15	23:57 3:23	28:47 4:50	32:40 3:53	34:00 1:20	35:15 1:14						
3	Niklas May OLF Mainz	35:30	0:00 0:00	6:33 6:33	14:42 8:09	17:56 3:14	21:37 3:41	27:42 6:05	32:41 4:59	34:22 1:41	35:30 1:08							
4	Maddi Österle OLG Ortenau	37:24	4:08 4:08	8:55 4:46	16:03 7:08	20:52 4:48	24:01 3:09	27:21 3:19	32:14 4:53	34:49 2:34	36:29 1:40	37:24 0:54	36:31 *100					
5	Jonathan Domeyer Bielefelder TG	39:36	3:51 3:51	9:16 5:24	16:37 7:21	21:57 5:19	25:59 4:01	28:52 2:53	33:41 4:49	37:31 3:49	38:53 1:22	39:36 0:42						
6	Sari Schmalfeld ASG Teutoburger W	40:42	2:27 2:27	5:47 3:20	12:38 6:51	20:14 7:36	24:10 3:56	28:24 4:14	33:43 5:19	37:56 4:13	39:48 1:52	40:42 0:53						
7	Eike Domeyer Bielefelder TG	48:33	4:04 4:04	9:35 5:31	16:43 7:08	23:37 6:53	27:53 4:16	33:43 5:49	42:40 8:56	46:31 3:51	47:45 1:14	48:33 0:47						
8	Valentin Österle OLG Ortenau	53:07	4:12 4:12	9:15 5:02	16:13 6:57	24:56 8:43	29:28 4:32	36:04 6:35	43:54 7:49	49:13 5:19	51:48 2:35	53:07 1:18	51:50 *100					
9	Tino Lohrenscheit SV Wannweil	1:06:07	2:54 2:54	10:48 7:54	22:06 11:18	34:52 12:46	40:34 5:42	46:53 6:19	56:36 9:43	1:02:17 5:41	1:05:15 2:58	1:06:07 0:52						
10	Ole Lohrenscheit SV Wannweil	1:06:56	3:14 3:14	11:05 7:51	22:39 11:34	35:04 12:25	40:53 5:49	47:08 6:15	56:55 9:47	1:02:25 5:30	1:05:22 2:57	1:06:56 1:34						
H-16 (4)																		
				1(140)	2(142)	3(135)	4(133)	5(132)	6(137)	7(131)	8(130)	9(110)	10(113)	11(120)	12(104)	13(106)	14(103)	
				15(100)	Ziel													
1	Daniel Schmidt TSG Wiesloch	42:20	4:43 4:43 41:53 0:36 0:27	5:58 1:14	10:12 4:14	11:47 1:34	13:38 1:50	16:50 3:12	18:54 2:03	24:51 5:56	31:03 6:11	33:25 2:22	36:47 3:22	38:50 2:02	39:43 0:52	41:17 1:33		
2	Domonkos Györfy OLG Ortenau	52:44	5:29 5:29 52:16 0:44	7:14 1:45	12:18 5:03	14:05 1:47	16:37 2:31	21:01 4:23	24:02 3:01	30:57 6:54	37:50 6:53	42:12 4:22	46:01 3:48	48:27 2:25	49:44 1:16	51:31 1:47		

Pl	tnr	Name	Zeit																	
H-16 (4)				6,0 km 185 Hm		15 P		(Forts.)												
				1(140)	2(142)	3(135)	4(133)	5(132)	6(137)	7(131)	8(130)	9(110)	10(113)	11(120)	12(104)	13(106)	14(103)			
				15(100)	Ziel															
3		Emil Prolingheuer	1:09:14	6:34	8:39	14:16	16:16	20:01	26:35	29:29	40:16	50:46	54:58	59:54	1:03:18	1:04:42	1:07:49			
				6:34	2:05	5:36	1:59	3:45	6:33	2:54	10:46	10:29	4:11	4:56	3:24	1:04:42	1:07:49			
				1:08:40	1:09:14															
				0:50	0:34															
4		Simon Weber	1:35:51	6:11	8:26	14:52	23:33	37:18	42:31	48:32	1:02:21	1:17:37	1:21:57	1:27:09	1:30:44	1:32:02	1:34:24			
				6:11	2:15	6:26	8:41	13:45	5:13	6:01	13:49	15:16	4:20	5:12	3:35	1:18	2:22			
				1:35:17	1:35:51															
				0:53	0:33															
H-18 (5)				7,7 km 260 Hm		18 P														
				1(128)	2(141)	3(143)	4(136)	5(131)	6(137)	7(132)	8(133)	9(135)	10(110)	11(112)	12(113)	13(120)	14(117)			
				15(119)	16(104)	17(102)	18(100)	Ziel												
1		Mikulaus Janda	1:10:49	3:21	9:54	12:31	18:16	21:01	23:30	28:06	30:56	32:26	47:51	50:56	53:44	57:57	1:02:12			
				3:21	6:32	2:36	5:44	2:45	2:29	4:36	2:49	1:30	15:24	3:04	2:48	4:13	4:14			
				1:04:43	1:06:53	1:08:53	1:10:20	1:10:49												
				2:31	2:09	2:00	1:27	0:28												
2		Jonas Weber	1:46:51	4:21	18:31	21:31	28:25	31:40	34:54	41:34	46:20	49:29	1:19:44	1:24:24	1:27:49	1:32:59	1:35:35			
				4:21	14:10	2:59	6:54	3:15	3:13	6:40	4:45	3:09	30:14	4:39	3:24	5:10	2:35			
				1:38:29	1:41:20	1:44:43	1:46:18	1:46:51												
				2:54	2:50	3:23	1:34	0:32												
3		Kai Breckle	1:53:24	3:37	12:35	17:02	23:43	27:18	31:00	37:58	43:13	46:18	1:12:33	1:17:26	1:22:25	1:28:38	1:36:37			
				3:37	8:58	4:26	6:40	3:35	3:42	6:58	5:14	3:05	26:14	4:53	4:59	6:12	7:58			
				1:43:03	1:47:33	1:50:40	1:53:02	1:53:24												
				6:26	4:29	3:06	2:22	0:21												
4		Thomas Burckhart	2:17:47	18:49	29:26	33:03	41:22	53:44	57:21	1:05:18	1:09:30	1:20:11	1:45:57	1:50:33	1:54:43	2:01:26	2:04:48			
				18:49	10:37	3:37	8:19	12:22	3:37	7:57	4:12	10:41	25:46	4:36	4:10	6:43	3:22			
				2:08:38	2:12:18	2:15:10	2:17:02	2:17:47												
				3:50	3:40	2:52	1:52	0:45												
		Matthias Bay	Aufg	16:42	42:12	48:00	----	----	----	----	----	----	----	----	----	----	----			
				16:42	25:30	5:48	----	----	----	----	----	----	----	----	----	----	----	----		
				----	----	----	----	----												
H-19AL (4)				9,1 km 300 Hm		20 P														
				1(142)	2(141)	3(144)	4(145)	5(146)	6(136)	7(131)	8(137)	9(132)	10(133)	11(114)	12(112)	13(110)	14(115)			
				15(123)	16(117)	17(119)	18(104)	19(102)	20(100)	Ziel										
1		Sascha Dammeier	1:14:07	5:49	9:45	15:27	16:58	20:36	23:43	26:23	28:43	33:10	35:01	50:46	53:04	56:09	57:59			
				5:49	3:56	5:41	1:31	3:37	3:06	2:39	2:20	4:27	1:50	15:44	2:18	3:05	1:49			
				1:01:42	1:05:22	1:07:27	1:09:47	1:12:05	1:13:29	1:14:07										
				3:42	3:40	2:05	2:19	2:17	1:24	0:38										
2		Alexander Hergert	1:18:39	6:39	10:42	16:16	17:56	21:15	24:36	27:15	29:55	35:13	37:27	53:36	55:51	59:11	1:00:59			
				6:39	4:03	5:34	1:40	3:18	3:21	2:39	2:40	5:17	2:14	16:09	2:15	3:19	1:48			
				1:05:25	1:09:32	1:12:12	1:14:26	1:16:40	1:18:04	1:18:39										
				4:25	4:07	2:39	2:13	2:13	1:24	0:34										
3		Klaus Schwind	1:27:07	7:10	10:35	16:33	21:35	25:37	29:17	31:56	34:21	39:43	41:55	59:11	1:03:19	1:06:45	1:08:42			
				7:10	3:24	5:58	5:02	4:01	3:40	2:39	2:25	5:21	2:11	17:16	4:07	3:26	1:56			
				1:12:54	1:17:26	1:19:44	1:22:13	1:24:39	1:26:23	1:27:07										
				4:12	4:31	2:18	2:28	2:25	1:44	0:43										
4		Dmytro Nakonechn	1:48:45	10:42	15:09	22:41	26:38	31:11	34:41	37:48	40:17	51:50	55:59	1:12:33	1:15:22	1:19:21	1:21:52			
				10:42	4:27	7:31	3:56	4:33	3:30	3:07	2:29	11:33	4:08	16:33	2:48	3:58	2:30			
				1:26:03	1:31:36	1:33:45	1:42:00	1:46:25	1:48:07	1:48:45										
				4:11	5:32	2:09	8:14	4:24	1:41	0:38										
H-35 (1)				7,7 km 260 Hm		18 P														
				1(128)	2(141)	3(143)	4(136)	5(131)	6(137)	7(132)	8(133)	9(135)	10(110)	11(112)	12(113)	13(120)	14(117)			
				15(119)	16(104)	17(102)	18(100)	Ziel												
1		Benedikt Funk	1:22:57	3:42	10:34	13:39	20:23	23:54	27:01	34:11	36:14	38:33	56:56	1:01:29	1:05:11	1:10:17	1:12:57			
				3:42	6:51	3:05	6:43	3:30	3:07	7:09	2:02	2:19	18:23	4:32	3:42	5:05	2:40			
				1:15:35	1:18:41	1:20:43	1:22:16	1:22:57												
				2:38	3:05	2:02	1:32	0:41												
H-45 (8)				6,7 km 230 Hm		17 P														
				1(126)	2(139)	3(142)	4(141)	5(143)	6(136)	7(135)	8(132)	9(137)	10(131)	11(108)	12(117)	13(119)	14(104)			
				15(106)	16(102)	17(100)	Ziel													
1		Rolf Wüstenhagen	1:04:55	3:19	6:59	10:06	14:08	16:52	22:23	25:22	30:27	34:33	37:20	49:50	53:50	56:55	59:37			
				3:19	3:40	3:07	4:02	2:43	5:30	2:58	5:05	4:05	2:47	12:29	4:00	3:05	2:41			
				1:00:50	1:02:35	1:04:15	1:04:55													
				1:13	1:44	1:39	0:40													
2		Markus Prolingheue	1:13:18	4:18	7:14	10:01	14:58	17:28	23:10	26:04	30:28	34:20	37:12	51:42	1:03:05	1:05:36	1:07:53			
				4:18	2:56	2:47	4:57	2:30	5:42	2:54	4:24	3:52	2:52	14:30	11:23	2:31	2:17			
				1:09:35	1:11:04	1:12:34	1:13:18													
				1:42	1:29	1:30	0:43													

Pl	tnr	Name	Zeit															
H-45 (8)				6,7 km 230 Hm			17 P		<i>(Forts.)</i>									
				1(126) 15(106)	2(139) 16(102)	3(142) 17(100)	4(141) Ziel	5(143)	6(136)	7(135)	8(132)	9(137)	10(131)	11(108)	12(117)	13(119)	14(104)	
3		Andreas Hoferer OLG Ortenau	1:15:44	4:42 4:42 1:11:00 1:15	9:05 4:23 1:13:11 2:10	13:01 3:55 1:14:57 1:46	17:02 4:01 1:15:44 0:47	20:18 3:15	26:34 6:16	29:40 3:05	34:35 4:55	39:00 4:24	42:23 3:23	57:49 15:25	1:03:27 5:38	1:06:43 3:15	1:09:44 3:01	
4		Michael Wood OL-Team Filder	1:21:19	4:22 4:22 1:16:49 1:24	9:41 5:19 1:18:26 1:37	14:11 4:30 1:20:38 2:12	20:06 5:55 1:21:19 0:40	23:20 3:14	30:56 7:36	34:32 3:36	39:07 4:35	44:37 5:30	47:44 3:07	1:03:32 15:48	1:08:48 5:16	1:12:36 3:48	1:15:25 2:49	
5		Thomas Göpfert OL-Team Filder	1:27:24	3:47 3:47 1:22:15 1:56	8:59 5:11 1:24:21 2:05	13:01 4:02 1:26:41 2:20	23:35 10:34 1:27:24 0:42	26:35 2:59	33:26 6:51	37:16 3:49	42:34 5:18	47:38 5:03	52:30 4:52	1:05:03 12:32	1:12:41 7:38	1:16:04 3:23	1:20:19 4:14	
6		Stephan Haenelt OL-Team Filder	1:29:27	5:22 5:22 1:24:14 1:33	10:13 4:50 1:26:29 2:15	14:23 4:10 1:28:33 2:04	19:20 4:57 1:29:27 0:53	24:10 4:49	33:29 9:19	37:12 3:43	43:00 5:47	49:00 6:00	53:16 4:15	1:10:12 16:55	1:15:42 5:30	1:18:59 3:17	1:22:40 3:41	
7		Dirk Domeyer Bielefelder TG	1:29:49	5:31 5:31 1:24:36 1:18	10:12 4:41 1:26:57 2:21	14:27 4:15 1:29:06 2:09	19:18 4:51 1:29:49 0:43	22:55 3:37	30:13 7:18	34:31 4:18	40:47 6:16	51:22 10:35	55:38 4:16	1:11:21 15:43	1:17:43 6:22	1:20:24 2:41	1:23:18 2:54	
8		Robert Ernst Miess OL-Team Filder	1:44:25	7:32 7:32 1:38:04 2:10	12:42 5:10 1:40:13 2:09	18:22 5:40 1:43:15 3:02	28:11 9:49 1:44:25 1:10	33:11 5:00	41:18 8:07	44:56 3:38	50:42 5:46	57:08 6:26	1:02:44 5:36	1:20:46 18:02	1:27:58 7:12	1:31:55 3:57	1:35:54 3:59	
H-55 (9)				6,0 km 185 Hm			15 P											
				1(140) 15(100)	2(142) Ziel	3(135)	4(133)	5(132)	6(137)	7(131)	8(130)	9(110)	10(113)	11(120)	12(104)	13(106)	14(103)	
1		Michael Bohsmann OL-Team Filder	1:02:21	6:01 6:01 1:01:44 0:45	8:23 2:22 1:02:21 0:37	13:16 4:52 3:53	17:10 3:03	20:13 3:03	25:22 5:08	28:13 2:51	35:43 7:29	43:26 7:42	48:55 5:29	53:59 5:04	57:07 3:08	58:22 1:14	1:00:58 2:35	
2		Henning Krug TSG Wiesloch	1:04:22	6:18 6:18 1:03:48 0:56	8:24 2:06 1:04:22 0:34	14:32 6:08	16:26 1:53	19:25 2:58	25:44 6:19	28:53 3:09	37:31 8:38	45:52 8:21	50:18 4:25	55:19 5:01	58:28 3:09	1:00:11 1:42	1:02:51 2:40	
3		Marcus Schmidt TSG Wiesloch	1:06:07	6:21 6:21 1:05:24 0:49	9:01 2:39 1:06:07 0:43	15:37 6:36 1:52	17:30 5:13	22:43 5:13	27:14 4:31	30:29 3:15	39:10 8:41	47:12 8:01	51:39 4:27	56:37 4:58	1:00:46 4:08	1:02:08 1:21	1:04:34 2:26	
4		Stefan König OLG Ortenau	1:08:28	6:18 6:18 1:07:49 0:46	8:38 2:19 1:08:28 0:38	18:04 9:26	20:09 2:04	22:53 2:44	27:54 5:00	30:47 2:53	40:01 9:13	48:30 8:29	56:00 7:29	1:00:22 4:22	1:03:16 2:54	1:04:40 1:23	1:07:03 2:22	
5		Martin Herzog OLG Ortenau	1:15:26	7:04 7:04 1:14:35 0:59	8:59 1:55 1:15:26 0:51	15:21 6:22	18:47 3:25	21:33 2:46	28:25 6:51	31:42 3:17	40:53 9:10	53:46 12:53	1:00:31 6:44	1:05:59 5:28	1:09:16 3:17	1:11:05 1:49	1:13:36 2:30	
6		Franz Schmidt TV Oberkirch	1:19:44	6:27 6:27 1:19:07 0:43	8:40 2:13 1:19:44 0:36	14:16 5:35	25:19 11:03	28:01 2:41	39:21 11:20	42:42 3:20	52:25 9:43	1:00:44 8:18	1:04:53 4:09	1:09:45 4:51	1:14:03 4:18	1:15:51 1:47	1:18:24 2:32	
7		Hans Breckle TuS Karlsruhe-Rüp	1:21:42	7:34 7:34 1:20:32 1:11	10:08 2:33 1:21:42 1:10	18:43 8:35	21:17 2:33	25:09 3:51	30:51 5:42	35:18 4:27	48:46 13:27	59:23 10:37	1:04:13 4:49	1:10:14 6:01	1:14:37 4:23	1:16:27 1:49	1:19:20 2:53	
8		Wolf-Dietrich Barth OL-Team Filder	1:41:05	11:33 11:33 1:40:05 0:59	14:57 3:23 1:41:05 0:59	24:10 9:13	28:15 4:04	32:29 4:14	40:44 8:14	45:47 5:02	1:01:28 15:41	1:12:54 11:26	1:18:16 5:21	1:25:24 7:07	1:31:50 6:26	1:35:15 3:25	1:39:06 3:50	
9		Alan Opsal OL-Team Filder	1:55:49	8:16 8:16 1:55:01 1:06	11:29 3:13 1:55:49 0:48	20:19 8:50	24:26 4:07	46:27 22:01	58:49 12:22	1:05:10 6:21	1:18:39 13:29	1:28:12 9:33	1:33:04 4:52	1:38:39 5:35	1:47:56 9:17	1:51:15 3:19	1:53:55 2:40	
H-65 (3)				4,4 km 185 Hm			14 P											
				1(124) Ziel	2(140)	3(142)	4(136)	5(131)	6(134)	7(125)	8(123)	9(117)	10(119)	11(104)	12(106)	13(103)	14(100)	
1		Ewald Eyrich OLG Ortenau	1:06:09	5:11 5:11 1:06:09 0:55	13:30 8:19 1:06:09 0:55	16:06 2:36	23:38 7:31	27:44 4:06	36:00 8:15	39:21 3:21	43:06 3:45	50:31 7:25	55:04 4:32	59:00 3:56	1:00:57 1:57	1:03:58 3:01	1:05:13 1:14	
2		Joachim May OLF Mainz	1:24:28	6:21 6:21 1:24:28 0:58	15:47 9:26 1:24:28 0:58	20:01 4:14	29:38 9:36	35:45 6:06	45:44 9:58	51:53 6:09	56:17 4:23	1:06:05 9:48	1:12:05 5:59	1:16:29 4:23	1:19:05 2:35	1:22:18 3:13	1:23:29 1:11	

Pl	tnr	Name	Zeit														
H-65 (3)				4,4 km 185 Hm				14 P					<i>(Forts.)</i>				
				1(124) Ziel	2(140)	3(142)	4(136)	5(131)	6(134)	7(125)	8(123)	9(117)	10(119)	11(104)	12(106)	13(103)	14(100)
3		Dietmar Leukert OL-Team Filder	1:26:50	5:35 5:35 1:26:50 0:53	13:49 8:14	17:19 3:29	26:08 8:49	33:22 7:14	42:53 9:31	49:12 6:18	57:06 7:54	1:04:28 7:21	1:13:11 8:42	1:16:53 3:42	1:19:32 2:38	1:24:40 5:07	1:25:56 1:16
H-75 (1)				3,5 km 90 Hm				10 P									
				1(122)	2(123)	3(115)	4(113)	5(108)	6(120)	7(117)	8(104)	9(102)	10(100)	Ziel			
1		Siegfried Wörner OL-Team Filder	1:03:58	6:09 6:09	12:00 5:51	21:27 9:27	27:45 6:18	31:47 4:02	38:05 6:18	44:10 6:05	51:40 7:30	58:41 7:01	1:02:48 4:07	1:03:58 1:10			
Offen Kurz (4)				2,3 km 70 Hm				9 P									
				1(127)	2(121)	3(123)	4(111)	5(109)	6(105)	7(107)	8(103)	9(100)	Ziel				
1		Mirco Quednau TV Mönchweiler	35:20	2:18 2:18	5:58 3:39	11:40 5:42	17:19 5:39	20:41 3:21	23:59 3:17	28:47 4:48	32:48 4:01	34:14 1:25	35:20 1:06				
2		Anne-Marie Hartman TGV Horn	55:11	3:03	10:23	18:48	26:11	30:17	36:03	45:59	50:38	53:18	55:11				
3		Christoph Schmidt TSG Wiesloch	56:31	5:59	13:06	21:48	29:31	34:41	39:55	47:18	51:57	55:02	56:31				
4		Gerhard Horn	1:23:03	5:59	7:07	8:42	7:43	5:10	5:14	7:23	4:39	3:05	1:29				
				3:52	18:36	31:47	44:53	51:40	1:01:07	1:10:33	1:16:06	1:19:13	1:23:03				
				3:52	14:44	13:11	13:06	6:47	9:27	9:26	5:33	3:07	3:49				
Offen Lang (1)				5,4 km 180 Hm				16 P									
				1(126) 15(103)	2(140) 16(100)	3(141) Ziel	4(146)	5(135)	6(131)	7(138)	8(125)	9(122)	10(123)	11(116)	12(108)	13(105)	14(107)
1		Anna Kapara OL-Team Filder	1:42:23	13:02 13:02 1:40:42 2:03	24:54 11:51 1:41:37 0:55	34:52 9:57 1:42:23 0:46	44:05 9:13	48:25 4:20	53:55 5:30	57:52 3:56	1:05:25 7:33	1:10:22 4:56	1:18:01 7:38	1:25:25 7:24	1:30:15 4:49	1:36:01 5:46	1:38:38 2:37
Offen Mittel (6)				3,4 km 80 Hm				12 P									
				1(129)	2(121)	3(122)	4(123)	5(116)	6(115)	7(113)	8(120)	9(105)	10(106)	11(102)	12(100)	Ziel	
1		Bastian Bayer ASG Teutoburger W	39:39	1:53 1:53	3:16 1:23	5:01 1:45	9:27 4:26	14:06 4:39	16:43 2:37	21:29 4:46	27:16 5:47	31:21 4:05	33:51 2:30	36:27 2:36	38:36 2:09	39:39 1:02	
2		Claudio Soccodato OL-Team Filder	46:34	5:36	7:45	9:39	14:17	19:10	22:12	27:05	32:46	36:29	40:44	43:29	45:51	46:34	
3		Sophia Größchen TV Mönchweiler	1:01:18	5:36	2:09	1:54	4:38	4:53	3:02	4:53	5:41	3:43	4:15	2:45	2:22	0:43	
4		Angelika Richter OL-Team Filder	1:09:34	4:32	7:04	10:13	17:04	23:06	26:55	33:28	41:35	46:43	53:43	57:28	1:00:24	1:01:18	
5		Lepilov Illia OL-Team Filder	1:13:36	4:32	2:32	3:08	6:51	6:02	3:48	6:32	8:07	5:07	7:00	3:44	2:56	0:53	
6		David Scholz OL-Team Filder	1:40:53	6:35	8:38	11:06	16:59	24:20	27:58	35:11	51:03	56:01	1:01:42	1:05:13	1:08:16	1:09:34	
				6:35	2:03	2:28	5:53	7:20	3:38	7:12	15:52	4:57	5:40	3:30	3:03	1:17	
				5:47	8:14	11:03	25:07	34:14	38:16	46:30	55:05	59:46	1:06:11	1:09:19	1:12:23	1:13:36	
				5:47	2:27	2:49	14:04	9:07	4:02	8:14	8:35	4:41	6:25	3:08	3:04	1:13	
				6:53	11:15	17:29	26:08	45:12	49:23	58:41	1:11:50	1:21:51	1:27:12	1:31:40	1:37:28	1:40:53	
				6:53	4:22	6:13	8:39	19:04	4:10	9:17	13:09	10:00	5:21	4:27	5:47	3:25	
				3:33													
				*127													