

| Pl   | Namen               | Verein                    | Zeit    | Stnr |
|--|---------------------|---------------------------|---------|------|
| <b>D12 (1)</b> <b>1,9 km 100 Hm 7 P</b>    |                     |                           |         |      |
| 1  | Maria Kolomeiets    | OLG Ortenau               | 22:49   |      |
| <b>H14 (2)</b> <b>2,5 km 125 Hm 9 P</b>    |                     |                           |         |      |
| 1  | Emil Prolingheuer   | TuS Karlsruhe-Rüppurr     | 24:42   |      |
| 2  | Jakob Boll          | Gundelfinger Turnerschaft | 55:47   |      |
| <b>D14 (1)</b> <b>2,5 km 125 Hm 9 P</b>    |                     |                           |         |      |
| 1  | Lenya Stieler       | TuS Karlsruhe-Rüppurr     | 39:48   |      |
| <b>H12 (1)</b> <b>1,9 km 100 Hm 7 P</b>    |                     |                           |         |      |
| 1  | Nils Giessler       | OLG Ortenau               | 32:03   |      |
| <b>D16 (3)</b> <b>3,6 km 135 Hm 8 P</b>    |                     |                           |         |      |
| 1  | Katja Horst         | SC Königstein             | 38:56   |      |
| 2  | Anna Hoferer        | OLG Ortenau               | 47:11   |      |
| 3  | Livia Bauerfeld     | OL-Team Filder            | 1:02:04 |      |
| <b>H16 (4)</b> <b>4,3 km 150 Hm 9 P</b>    |                     |                           |         |      |
| 1  | Thomas Burckhart    | OLG Ortenau               | 54:50   |      |
| 2  | Matthias Bay        | OLG Ortenau               | 58:51   |      |
| 3  | Simon Weber         | TuS Karlsruhe-Rüppurr     | 1:01:17 |      |
| 4  | Elias Braun         | Gundelfinger Turnerschaft | 1:10:25 |      |
| <b>D18 (2)</b> <b>4,3 km 150 Hm 9 P</b>    |                     |                           |         |      |
| 1  | Marika Prolingheuer | TuS Karlsruhe-Rüppurr     | 39:24   |      |
| 2  | Mariia Kylosova     | OL-Team Filder            | 54:56   |      |
| <b>H18 (2)</b> <b>5,7 km 210 Hm 13 P</b>   |                     |                           |         |      |
| 1  | Benjamin Heigold    | Gundelfinger Turnerschaft | 1:09:57 |      |
| 2  | Ole Seyl            | Gundelfinger Turnerschaft | 1:13:02 |      |
| <b>D19AK (4)</b> <b>3,6 km 135 Hm 8 P</b>  |                     |                           |         |      |
| 1  | Anna Kapara         |                           | 53:30   |      |
| 2  | Ines Maiwald        | TV Mönchweiler            | 56:30   |      |
| 3  | Maria Quednau       | TV Mönchweiler            | 1:12:57 |      |
| 4  | Sandrien Huber      | Uni Konstanz              | 1:31:42 |      |
| <b>D19AL (2)</b> <b>5,7 km 210 Hm 13 P</b> |                     |                           |         |      |
| 1  | Mona Schwendemann   | OLV Landshut              | 1:14:02 |      |
| 2  | Katharina Möller    |                           | 1:21:20 |      |

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| <b>H19AL (7) 7,6 km 300 Hm 17 P</b> |                     |                           |         |      |
| 1                                   | Lars Maiwald        | TV Mönchweiler            | 1:01:12 |      |
| 2                                   | Nico Bauerfeld      | OL-Team Filder            | 1:06:01 |      |
| 3                                   | Alexander Hergert   | OLV Landshut              | 1:08:56 |      |
| 4                                   | Jakob Hoferer       | OLG Ortenau               | 1:11:02 |      |
| 5                                   | Mikuláš Janda       | Gundelfinger Turnerschaft | 1:18:04 |      |
| 6                                   | Klaus Schwind       | OLG Ortenau               | 1:24:02 |      |
| 7                                   | Kai Hansen          |                           | 2:12:18 |      |
| <b>D35 (3) 4,3 km 150 Hm 9 P</b>    |                     |                           |         |      |
| 1                                   | Olena Kapara        | OL-Team Filder            | 46:06   |      |
| 2                                   | Katja Schwind       | OLG Ortenau               | 51:25   |      |
| 3                                   | Juliane Soccodato   | OL-Team Filder            | 52:50   |      |
| <b>H35 (4) 5,7 km 210 Hm 13 P</b>   |                     |                           |         |      |
| 1                                   | Markus Protingheuer | TuS Karlsruhe-Rüppurr     | 50:26   |      |
| 2                                   | Stefan Holthoff     | OLV Steinberg             | 54:09   |      |
| 3                                   | Lucas Heizmann      | OLG Ortenau               | 59:22   |      |
| 4                                   | Frank Lösel         | TuS Karlsruhe-Rüppurr     | 1:02:43 |      |
| <b>D45 (2) 3,6 km 135 Hm 8 P</b>    |                     |                           |         |      |
| 1                                   | Kirsten König       | OLG Ortenau               | 50:02   |      |
| 2                                   | Bettina Holthoff    | OLV Steinberg             | 1:05:43 |      |
| <b>H45 (2) 4,3 km 150 Hm 9 P</b>    |                     |                           |         |      |
| 1                                   | Björn Stieler       | TuS Karlsruhe-Rüppurr     | 42:08   |      |
| 2                                   | Andreas Hoferer     | OLG Ortenau               | 43:19   |      |
| <b>D55 (2) 3,6 km 135 Hm 8 P</b>    |                     |                           |         |      |
| 1                                   | Ines Lepp           | TV Allmannsdorf           | 50:36   |      |
| 2                                   | Elisabeth Schwab    | TuS Karlsruhe-Rüppurr     | 1:00:45 |      |
| <b>H55 (5) 3,6 km 135 Hm 8 P</b>    |                     |                           |         |      |
| 1                                   | Stefan König        | OLG Ortenau               | 31:55   |      |
| 2                                   | Martin Herzog       | OLG Ortenau               | 36:54   |      |
| 3                                   | Thomas Bauerfeld    | OL-Team Filder            | 44:30   |      |
| 4                                   | Andreas Müller      | OL-Team Filder            | 53:58   |      |
| 5                                   | Simon Parker        | OL-Team Filder            | 57:56   |      |
| <b>D65 (2) 3,6 km 135 Hm 8 P</b>    |                     |                           |         |      |
| 1                                   | Monika Dobler       | OLG Ortenau               | 1:07:05 |      |
| 2                                   | Beatrix Haenelt     | OL-Team Filder            | 1:30:05 |      |

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| <b>H65 (5)                      3,6 km 135 Hm    8 P</b>  |                   |                        |         |      |
| 1   | Klaus Pflästerer  | AC 1892 Weinheim       | 42:59   |      |
| 2   | Dietmar Leukert   | OL-Team Filder         | 46:33   |      |
| 3   | Winfried Fugmann  | TV Jahn 08 Zizenhausen | 46:38   |      |
| 4   | Bernhard Gartner  | OL-Team Filder         | 49:52   |      |
| 5   | Ewald Eyrich      | OLG Ortenau            | 55:47   |      |
| <b>H75 (1)                      3,6 km 135 Hm    8 P</b>  |                   |                        |         |      |
| 1   | Siegfried Wörner  | OL-Team Filder         | 1:20:00 |      |
| <b>OffK (9)                      2,5 km 125 Hm    9 P</b> |                   |                        |         |      |
| 1   | Ladislav Mizera   | Coma Malaga Malaga     | 37:22   |      |
| 2   | Michael Oberst    |                        | 50:07   |      |
| 3   | Christoph Gut     | TV Jahn 08 Zizenhausen | 59:00   |      |
| 4   | Anne Rubarth      |                        | 59:02   |      |
| 5   | Regina Würtz      | Gueb Guebwiller        | 1:01:31 |      |
| 6   | Catrin Staudte    | OL-Team Filder         | 1:11:13 |      |
| 7   | Philipp Oswald    |                        | 1:46:12 |      |
| 8   | Oliver Oswald     | TSV 1893 Reichenbach   | 1:46:20 |      |
|   | Claudia Quednau   | TV Mönchweiler         | Aufg    |      |
| <b>OffL (5)                      4,3 km 150 Hm    9 P</b> |                   |                        |         |      |
| 1   | Jens Wächter      |                        | 45:21   |      |
| 2   | Moritz Jakob      |                        | 51:40   |      |
| 3   | Jean-Marie Würtz  | Gueb Guebwiller        | 55:45   |      |
| 4   | Claudio Soccodato | OL-Team Filder         | 1:09:54 |      |
| 5   | Jakob Siegesmund  |                        | 1:44:39 |      |